



Dear Parent/Caregiver,

The 4-H Youth Development Public Health Team with Wake County Human Services would like to welcome you and your child(ren) to our *Kids & Parents Matter* program. It is aimed at helping youth ages 11-18 to make better informed and healthier choices in an attempt to develop behaviors that contribute to their well-being and that of others. They will be learning about natural physical, emotional and social changes that occur during puberty.

Evidence based curricula called "It's All One" will be used with the youth to provide sexual health information which you can read more about at [www.popcouncil.org](http://www.popcouncil.org). For the parents and caregivers, we will be using the "Parents Matter" curricula. As we help adults in developing their skills in having transparent, open, and honest conversations, with children about these sensitive topics. You can read more about this curriculum by visiting [www.npin.cdc.gov](http://www.npin.cdc.gov). All of the workshops are provided free of charge and are facilitated by trained, specialized Public Health Educators through Wake County.

Puberty is a time of change and growth that can be both exciting and frightening for young people, as well as adults. We believe it is important for everyone to be involved during this time of transition, in order to support one another. Therefore, we ask for the parents/caregivers to attend all scheduled sessions, as well. Please see the attached schedule below that can be detached and kept for your reference.

If you would like your youth to attend these sessions, please sign below and provide us with some information about them. If you need further assistance, please feel free to contact our 4-H staff: Karee Redman 919-212-9307 or [karee.redman@wakegov.com](mailto:karee.redman@wakegov.com); Alicia Andrews 919-250-3794 or [alicia.andrews@wakegov.com](mailto:alicia.andrews@wakegov.com); Dan Bulatek at 919-250-4534 or [daniel.bulatek@wakegov.com](mailto:daniel.bulatek@wakegov.com). Thank you so much for allowing us to share this important information with you all and especially for sharing your family with ours!

**I give my child permission to participate in this program: (Please check one)  YES  NO**

**I plan to attend all scheduled parental sessions: (Please check one)  YES  NO**

Youth's Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent(s)/Guardian(s): \_\_\_\_\_ Today's Date: \_\_\_\_\_

**Please note:** All workshops will take place at the Pleasant Grove Church on the dates below.

**Program Schedule**

November 4, 2017	10:00-12:00
January 28, 2018	12:00-2:00
February 25, 2018	12:00-2:00
March 25, 2018	12:00-2:00
April 22, 2018	12:00-2:00
June 24, 2018*	12:00-2:00

\*(only if there is inclement weather)